

## Studio Cirq guide to claiming on classes, courses and from your private health care. April 2011

Provider	Package	Rebates	What you will need to give to your provider
Australian Health Management <i>(This information may change after 30 June 2011)</i>	Basic Extras	\$10 per class or \$150 per course Financial limits apply	Receipt with Studio Cirq address and teacher details.
	Lifestyle Extras	\$15 per class or \$250 per course Financial limits apply	Doctor's letter explaining why yoga or Pilates is necessary.
	Family Extras	\$12 per class or \$250 per course Financial limits apply	Approval form downloadable from AHM website.
	Super Extras	\$15 per class or \$250 per course Financial limits apply	
CUA Health	Classes can be claimed if supported by a letter from doctor advising that yoga or Pilates is necessary for stress-release purposes		
GMF Health	Does not offer rebates for Yoga or Pilates classes		
GMHBA	Does not offer rebates for Yoga or Pilates classes		
GU Health	Does cover yoga and Pilates classes but details are not disclosed to non-members		
HBA	Living Well	Yoga: rebates for a minimum of 8 classes on completion of all classes. Pilates: rebates for courses or passes on completion of all classes. Financial limits apply	Complete approval form available online at HBA website. Form must be signed by your doctor Receipt must state that yoga classes are of the Hatha type.

Health Partners	Pilates is covered only when taught by registered physiotherapist		
La Trobe Health	Does not offer rebates for Yoga or Pilates classes		
Manchester Unity Australia	No packages that cover yoga & Pilates classes	Classes are covered under updated approved health management programmes. Clients covered for the recognised health components can claim rebates under the MU policies. Rebates of up to \$60 but this varies according to policy.	Must provide letter from doctor explaining why yoga or Pilates is necessary
MBF	Packages do include rebates for yoga & Pilates classes.	Information on rebates is not available to non-members	Receipt with Studio Cirq address and teacher details. Requires information on the course, number of classes attended. Signature of teacher and client must be submitted with claim
Medibank Private	Package that covers Pilates only if taught by registered Physiotherapist	<i>Classes at Studio Cirq are intended for overall health and fitness. Our classes are run by certified Pilates instructors and not physiotherapists.</i>	
NIB	Package that covers Pilates only if taught by registered Physiotherapist	<i>Classes at Studio Cirq are intended for overall health and fitness. Our classes are run by certified Pilates instructors and not physiotherapists.</i>	

*Studio Cirq has researched this information for the use of its clients. Certain providers will not give information on packages to non-members so this document reflects the information providers are willing to give us. Studio Cirq is not responsible for any inaccuracies in this document. If you wish to get accurate and up to date information please contact your private health care provider*