

ABN 71 100 780 630

Studio Cirq has a high reputation for its fitness classes lead by some of Melbourne's best teachers in its superb, light-filled city studios. It's a refreshing alternative to the corporate gym: a small, stylish and friendly venue that offers personalised service and quality of instruction. Our central location is ideal for city workers and residents. Private classes in mat Pilates, Yoga and a range of stretching, flexibility and resistance techniques are available at the Studio. Classes for groups of 8 -14 people can be taught either at the Studio, home or workplace.

Group discount rate for casual classes at our Studio

If you have a group of 12 or more individuals, we offer 40% off our normal casual class rate. For \$85 including GST, each person receives a pass for use at 10 casual classes. The pass is valid for 12 weeks. All individuals must purchase their passes at the same time to benefit from this offer.

Classes at your Workplace

Group classes or one-on-one sessions in Yoga, Pilates and related techniques can be arranged at lunchtime or evenings at your workplace.

One on One Classes

One-on-one sessions are an excellent way to work with an instructor on a personal program devised especially for your particular needs.

Quality of Instruction

We place a high value on the skills and experience of our teachers. Each is a qualified specialist in their field who brings expertise and a depth of knowledge from years of teaching. We do not recommend or employ general fitness instructors with limited training to teach specialised techniques like Yoga, Pilates or any of the related forms.

2008 Rates

Classes at the workplace: Minimum booking for 8 consecutive weeks. \$120 per hour or part thereof. We provide yoga mats and equipment if required. Please contact us about rates for classes at the Studio

Terms and Conditions

1. Session days and times are dependent on availability of a suitable teacher
2. Booking times of private classes at the Studio are dependant on availability of Studio space.
3. All fees are required to be paid upfront.

4. We require a minimum booking of 8 consecutive one-hour weekly sessions for private classes either at the Studio or your workplace.
5. A minimum of 8 participants is required for group classes at the Studio.
6. Fees for one-on-one classes are pre-paid in 5 class blocks.
7. Cancellation of a class must be made 48 hours or more before the scheduled start. Late cancellations will result in the class being forfeited.
8. We do not teach classes on public holidays.

For more information and to discuss availability of classes and rates, please contact Lindsay at Studio Cirq on 9654 9994 or lindsay@studiocirq.com.au

Our Corporate client list includes:

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