

## Studio Cirq Guide to claiming on classes, courses or Shiatsu from private healthcare\*:

Company	Package	Rebates	What you will need
<b>Australian Health Management</b>	Basic extras	<ul style="list-style-type: none"> <li>▪ Pilates: \$11 per class</li> <li>▪ Yoga: \$10 per class \$100 per course</li> </ul>	<ul style="list-style-type: none"> <li>▪ An receipt for the class/pass</li> <li>▪ Fill form (downloadable from their web)</li> </ul>
	Lifestyle extras	<ul style="list-style-type: none"> <li>▪ Pilates &amp; Yoga: \$15 per class</li> <li>▪ Courses: \$150 per course</li> </ul>	<ul style="list-style-type: none"> <li>▪ Financial year limits apply</li> </ul>
	Family extras	<ul style="list-style-type: none"> <li>▪ Pilates: \$13</li> <li>▪ Yoga: \$12</li> <li>▪ Courses: \$120</li> </ul>	
	Super extras	<ul style="list-style-type: none"> <li>▪ Pilates &amp; Yoga: \$15 per class</li> <li>▪ Courses: \$150 per course</li> </ul>	
<b>Australian Unity</b>	Harmony extras	Shiatsu: <ul style="list-style-type: none"> <li>▪ \$30 1st consultation</li> <li>▪ \$27 the following</li> </ul>	<ul style="list-style-type: none"> <li>▪ The receipt needs to state if its first consultation or the following.</li> <li>▪ Financial year limits apply</li> </ul>
<b>GU Health</b>	Extras package	Shiatsu & Yoga: depending on quotation.	<ul style="list-style-type: none"> <li>▪ Normal Receipt</li> <li>▪ Financial limits apply</li> </ul>
<b>HBA</b>	Silver extras	Shiatsu: \$18 per treatment	<ul style="list-style-type: none"> <li>▪ Normal Receipt</li> </ul>
	Gold extras	Shiatsu: \$21 per treatment	<ul style="list-style-type: none"> <li>▪ Financial year limits apply</li> </ul>
	Platinum extras	Shiatsu: \$24 per treatment	
<b>Health Partners</b>	Natural plus extra	Shiatsu: \$20 per treatment	<ul style="list-style-type: none"> <li>▪ Normal Receipt</li> <li>▪ Financial year limits apply</li> </ul>
<b>Manchester Unity</b>	General	Shiatsu: amount depends on program	<ul style="list-style-type: none"> <li>▪ Normal Receipt</li> <li>▪ Financial year limits apply</li> </ul>
	KeepFit program (with Healthcover plus or hospital + extras package)	Yoga and pilates \$50 total	
<b>MBF</b>	Young extras	<ul style="list-style-type: none"> <li>▪ Yoga and pilates \$50 total</li> <li>▪ Shiatsu \$100 total</li> </ul>	<ul style="list-style-type: none"> <li>▪ Normal Receipt</li> <li>▪ Financial year limits apply</li> </ul>
	Premium Extras	<ul style="list-style-type: none"> <li>▪ Yoga and pilates \$100 total</li> <li>▪ Shiatsu \$150 total</li> </ul>	
	Living well programs	Yoga & Pilates: \$100 total	

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<b>Medibank</b>	Myoptions package	Shiatsu: flexi-bonus \$100-200	<ul style="list-style-type: none"> <li>▪ Normal Receipt</li> <li>▪ Financial year limits apply</li> </ul>
	Priority Myoptions extra	Shiatsu: flexi-bonus \$100-200	
	Package Bonus	Yoga: <ul style="list-style-type: none"> <li>▪ 1<sup>st</sup> year: \$50 for single, \$100 for families.</li> <li>▪ Onwards: \$100 for single, \$200 for families.</li> </ul>	
<b>NIB</b>	Extra package	Shiatsu: \$200	<ul style="list-style-type: none"> <li>▪ Normal Receipt</li> <li>▪ Financial year limits apply</li> </ul>
<b>Westfund</b>	Extras package	Yoga benefit <ul style="list-style-type: none"> <li>▪ Singles: up to \$75 per year.</li> <li>▪ Family: up to \$150 per year.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Normal Receipt</li> <li>▪ Financial year limits apply</li> </ul>

**\* Disclaimer:**

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